



# WOMEN MENTORING WOMEN

## Becoming a Titus 2 Woman

Taught by Vercie McMullen

January 2022

# WOMEN MENTORING WOMEN OUTLINE

You should meet for discipleship each week. Each meeting *should last 45 - 60 mins.*

*Remember this is an outline and if you need to spend more time on a particular subject that's okay.*

## **Week 1:**

Meet together for the purpose of getting to know one another; introduce yourselves, share contact information, and share pray request. Let her know that next week you will share your salvation testimony and would like for her to share as well. Pray together before leaving.

## **Week 2:**

Share with the woman you are discipling how you came to know Christ as your Savior, and then ask her to share her testimony. You will evaluate her testimony to determine if she is indeed a believer. If the person you are discipling is uncertain of their salvation, then your goal should be evangelism. If she has a salvation testimony, ask if she can equipped to share the gospel with others. If she can, have her share with you. If not, then you will need teach her how using the hand or bridge illustration.

## **Week 3:**

Practice the gospel outline. Pray together. Ask her to read the entire book of Titus before your next meeting.

## **Week 4:**

Continue practicing the gospel presentation. Discuss Titus 2 Week 4 Handout

## **Week 5:**

Discuss Titus 2 Week 5 Handout. Chose a passage of scripture to memorize together. Practice each week as you meet until verses or passage is completely memorized.

## **Suggestions:**

Verses from Gospel Outline

1 Corinthians 13: 4-8

Philippians 4:6-9

Ephesians 1:15:22

Psalms 1

**Week 6:**

Discuss Titus 2 Week 6 Handout (Continue to practice memory verses and gospel outline.)

**Week 7:**

Discuss Titus 2 Week 7 Handout

**Week 8:**

Discuss Titus 2 Week 8 Handout

**Week 9:**

Discuss Titus 2 Week 9 Handout

**Week10 :**

Discuss Titus 2 Week 10 Handout

**Week 11:**

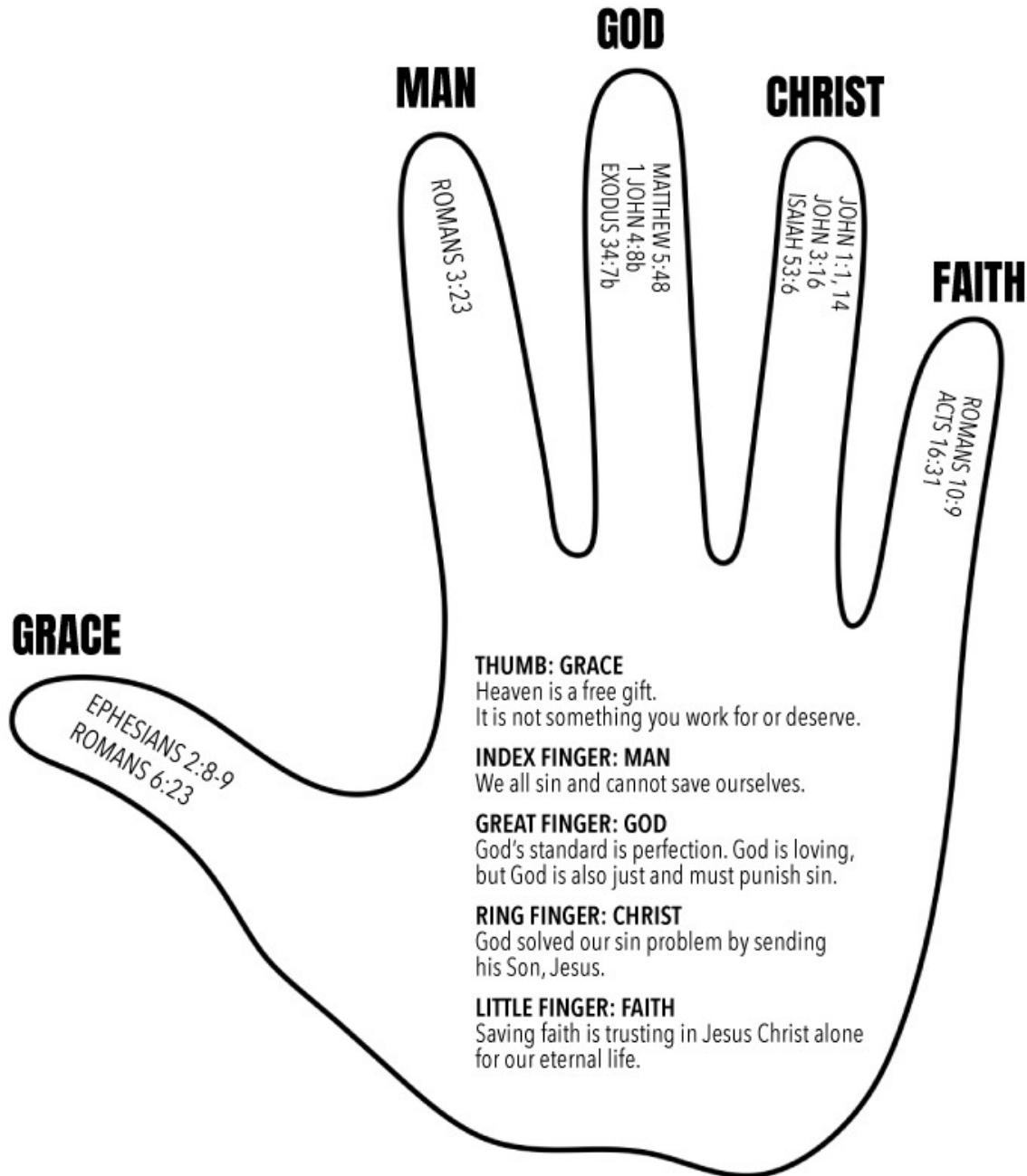
Discus Titus 2 Week 11 Handout

**Week 12:**

Discuss Titus 2 Week 12 Handout

*At the end of week 12 the woman you have discipled should be able to share the gospel and have all memory verses memorized. Touch base with her once a month for the next 3 months to let her know you are praying for her and will be available if she needs you.*

# FIVE FINGER GOSPEL PRESENTATION



## TWO QUESTIONS:

1. Do you know for sure that you are going to be with God in Heaven some day?
2. If God asked, "Why should I let you into my Heaven?" What would you say?



# BECOMING A TITUS 2 WOMAN

## WEEK 4 HANDOUT

**Titus 2:3-5 “Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. They are to teach what is good, and so train the young women to love their husbands and children, to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled.”**

### **Background on the Book of Titus:**

Titus is a letter from Paul to Titus. Some things Titus has been instructed to do:

1. Put things in order (v. 1:5)
2. Appoint elders in every town (v.1:5)
3. Teach what accords with sound doctrine (v.2:1)

### **Five Characteristics of the Older Woman:**

1. Reverent in \_\_\_\_\_
2. Not \_\_\_\_\_
3. Not \_\_\_\_\_ to much wine
4. They are to \_\_\_\_\_ what is \_\_\_\_\_
5. And so \_\_\_\_\_ the young women

**PRAY** as you begin this study and ask God to:

\*Teach you

\*Show you if your priorities are biblical

\*Give you a desire to make changes in your thinking or actions that God desires you to make

\*Use this study in your life for his glory

## **HOMEWORK**

- Begin reading the Book of Titus.
- Write down what you believe to be the role of the Christian woman.
- Make a list of priorities in your life. What activities and commitments do you have?
- Look up the following verses and write down what God's Word teaches us about priorities:

Matthew 6:25-33

Colossians 3:1-2

2 Peter 3:18

Galatians 6:10

Romans 12:1

Ephesians 5:15-16

1 John 2:15-17

# BECOMING A TITUS 2 WOMAN

## WEEK 5 HANDOUT

**Titus 2:3-5 “Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. They are to teach what is good, and so train the young women to love their husbands and children, to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled.”**

### *The Importance of Spiritual Growth – Ephesians 4:13-15*

Some examples of “teaching what is good”:

1. A woman who is doctrinally mature. 2 Tim. 2:15

The Scripture is our guide for all that we do.

2. She is under the authority of her husband and the church leaders. Heb. 13:17
3. Strive to be mature in her character. 2 Peter 1:5-15

MEMORY VERSE: \_\_\_\_\_

### **HOMEWORK**

1. MEMORIZE Titus 2:3-5
2. Make a list of what the older woman is to teach and encourage the younger woman to do.
3. If an older woman were to disciple you, what would you want her to do?



4. In Titus 2, Paul was very specific about the role of the older woman in the life of the younger woman. In a general sense, all Christians are to minister to one another. Look up the following verses and write out some of the ways women are to be involved in each others lives.

Galatians 6:2

Matthew 22:39

1 John 4:7

1 Peter 4:9

Hebrews 3:13

1 Thessalonians 5:14-15

Galatians 6:10

# BECOMING A TITUS 2 WOMAN

## WEEK 6 HANDOUT

Titus 2:3-5 “Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. They are to teach what is good, and so train the young women to love their husbands and children, to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled.”

### 1. Review Homework

### 2. The Characteristics of the older woman

#### A. *Reverent in their behavior* - holiness in deportment

##### Application:

1.) **Dress** (modest and discreet I Tim 2:9-10)

2.) **Behavior** (has good manners 1Cor 13:5)

3.) **Attitude** (gentle and quiet spirit 1 Peter 3:4, Prov. 31:21, 25. Submissive to her own husband and not afraid to do what is right 1 Peter 3:4-5)

#### B. *Not a malicious gossip* - (False information: speaking ill of someone)

##### Application:

1.) Words spoken should be edifying and build up others Eph. 4:29

2.) Speak truth Eph. 4:25

3.) Words should be a good report – keep confidences Prov. 20:19

#### C. *Not enslaved to much wine* - (don't be in bondage to anything)

*\*\*Sometimes we do become enslaved to something but we don't have to stay there.*

*\*\*Instead of pursuing what we are addicted to, use that energy and time to think about God.*

## **HOMEWORK:**

1. What does it mean to be “reverent in her behavior”?
2. How are women to be adorned? (1 Tim. 2:9-10, 1 Peter 3:3-4)
3. What does it mean to have a “gentle and quiet spirit”?
4. Write down two examples of unwholesome words you might have said and then what you should have said instead.
5. What might a woman be in bondage to other than alcohol?

# BECOMING A TITUS 2 WOMAN

## WEEK 7 HANDOUT

**Titus 2:3-5 “Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. They are to teach what is good, and so train the young women to love their husbands and children, to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled.”**

### 1. Review Homework

### 2. Teaching What Is Good (Titus 2:4-5)

- a.) Greek meaning: “excellent”
- b.) What are they to teach? Sound Doctrine
- c.) Doctrine is what the Bible teaches about various subjects

### 3. The Doctrine of Scripture

References: 2 Timothy 3:16-17

2 Peter 1:21

- a.) “Inspired” means God spoke through men. Scripture is without error.
- b.) Four ways in which the scripture is profitable:
  - \*teaching
  - \*reproof (we can see our sin)
  - \*correction (we see what to replace the sin with)
  - \*trains us in righteousness (discipline)

### 4. The Doctrine of Salvation

Romans 3:23

John 1:1, 1:14

Romans 6:23

John 3:16

Romans 5:8

John 6:47

Ephesians 2:8,9

## **HOMEWORK:**

1. Be prepared to explain the doctrine of scripture using the scripture references to someone.

2. Test your knowledge of Bible Doctrine – give a scripture reference without looking in the Bible or concordance for each of the following:

A, The Bible is inspired by God.

B. Jesus is God.

C. We cannot earn our salvation. It is a free gift from God given through His grace.

3. Be prepared to share the gospel!

# BECOMING A TITUS 2 WOMAN

## WEEK 8 HANDOUT

**Titus 2:3-5 “Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. They are to teach what is good, and so train the young women to love their husbands and children, to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled.”**

### 1. Review Homework

### 2. “Love Their Husbands”

A. love – *phileos* – a tender affection for someone dear

1. Cultivate sweetness towards husband
2. Share both joys and sorrows
3. Be kind and compassionate to husband Eph. 4:31-32
4. Treat him as someone special
5. Be positive in thoughts toward husband

B. Three additional ways to Biblically love husband

1. *Eros* love
2. *Storge* love
3. *Agape* love  
(Unconditional, not based on a feeling, but a choice. Christ enables us to love)

C. The 3 categories of sin that will destroy love:

1. Selfishness
2. Bitterness (unforgiveness) Luke 17:3,4 Obey the command to forgive, whether you feel like it or not.
3. Fear/Anxiety

### **HOMEWORK**

- Explain what “to love their husband” means as described in the Bible both directly and indirectly.

- Describe how sin in our life can destroy love.

# BECOMING A TITUS 2 WOMAN

## WEEK 9 HANDOUT

**Titus 2:3-5** “Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. They are to teach what is good, and so train the young women to love their husbands and children, to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled.”

### 1. Review Previous Lesson

### 2. **Titus 2:4b** Love their children (*phileoteknos*) – “tenderness”

A. 1 Thess. 2:7,8 –Think loving thoughts toward your children.

B. Memorize 1 Corinthians 13:4-7

C. Be tender hearted and not mean or hard-hearted James 3:17

D. Express affection and delight in your children Psalm 127:3,4

E. Lovingly and gently administer discipline 1 Corinthians 13:6





# BECOMING A TITUS 2 WOMAN

## WEEK 10 HANDOUT

**Titus 2:3-5** “Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. They are to teach what is good, and so train the young women to love their husbands and children, to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled.”

### 1. Review Previous Lesson and Homework

**2. To Be Self-Controlled** Titus 2:5a “*sophron*” – sound mind; prudent; wise \*don’t make decisions based on emotions\*

- a. Be realistic with commitments Eph. 5:16, Ps.90:12. Do not over commit.
- b. Stay within your budget. Luke 12:42 Prov. 19:14 Be a faithful steward.
- c. Face reality, yet always hope in God

Phil. 4:4-7

1 Cor. 10:13 (No matter what the situation, you will be able to get through it.)

### 3. To Be Pure

Titus 2:5b “*hagnos*” – free from sin; modest in thoughts & actions.

- a. Thoughts and actions are to be pure Matt. 15:18-19 Phil. 4:8
- b. Make no provision for the flesh Romans 13:12-14
- c. As much as possible, protect yourself from being defiled Titus 1:15 (examples: Facebook, movies, TV, etc.)

#### 4. Homework

1. What should be the priorities of a wife and mother? What is her primary ministry?
2. What is likely a more serious underlying problem regarding money than not knowing how to make a budget? (2 Cor 5:9,10; Eph 4 )
3. What are some scripture passages that teach us to be content with what we have?
4. List 4 scriptures that you would use regarding being pure.

# BECOMING A TITUS 2 WOMAN

## WEEK 11 HANDOUT

**Titus 2:3-5** “Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. They are to teach what is good, and so train the young women to love their husbands and children, to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled.”

### 1. Review Previous Lesson and Homework

### 2. To be workers at home “*oikourgos*”

a. Exhortation to work hard and not be lazy. Prov. 31:27

b. Do you need Tips on how to be organized. Prov. 31:15

c. Anticipate your family’s needs. Plan ahead.

### 3. To be kind “*agathos*” Always look for ways to serve others. Eph. 4:32

a. Show by example and do kind deeds. 1 Tim. 2:9-10

b. Use kind words. Prov. 31:26

c. A gentle tone of voice is kind. Prov. 16:23 Be compassionate, empathetic.

#### **4. Homework:**

1. Give some examples of sinful motives when a Christian woman is considering going to work.

2. What are Godly motives regarding work?

3. Do you consider yourself to be hard working and well organized?  
If not, what could you do differently?

4. Look up the following verses and write down what you learn about how we are to speak.

Proverbs 16:21

Proverbs 22:11

Ecclesiastes 5:6

Colossians 3:8

1 Timothy 4:12

Psalms 34:13

Ephesians 4:15

Ephesians 5:19

# BECOMING A TITUS 2 WOMAN

## WEEK 12 HANDOUT

**Titus 2:3-5** “Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. They are to teach what is good, and so train the young women to love their husbands and children, to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled.”

### 1. Review Previous Lesson and Homework

### 2. Being SUBJECT to their own husbands

*“hupotasso”* – a military term “hupo” – to be under “tasso” – to put in order, or arrange

Our homes need to be in order for authority and purpose. (How can I help you?)

### Scripture references:

Titus 2:5

Colossians 3:18

Ephesians 5:22

1 Peter 3:1-2

### Application:

1. Be submissive to husband unless he asks her to sin.
2. God’s authority structure in the home Ephesians 5:23
3. Submission does NOT mean wives are inferior.
4. It is important to make a Biblical appeal when disputes arise.
5. Submission is a heart issue.

### **3. Why should older women teach the younger women?**

*That the Word of God may not be dishonored.*

**Application:** She honors the Word of God when:

1. Glorifying God is more important than having her own way Rom.12:1,2
2. She has an appropriate reverential fear of the Lord. Psalm 2:11
3. She lets the Word of Christ direct her life. Colossians 3:16
4. Her life models the example for marriage in Ephesians 5
5. She is submissive, kind, pure, etc. whether she feels like it or not. Heb.12

### **4. Homework:**

Pray and ask God to give you the desire to become the woman He wants you to be!

